



Complete Resolution of Five Cases of Verruca by Individualized Homoeopathic Treatment: A Case Series

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Abstract

Warts are common skin or mucosa lesions caused by human papilloma virus (HPV), causing a wide range of disease from benign lesions to invasive tumours. The conventional treatment options for treating warts include destructive method, topical agents, and surgical excision. In this case series, we managed five cases of warts with individualized homoeopathic medicine. Every case was followed up using clinical and photographic evidence and reported as per the HOM-CASE guidelines. Individualized homoeopathic medicine *Thuja occidentalis*, *Sulphur*, *Silicea*, *Causticum* showed beneficial effects in these cases. The Modified Naranjo Criteria for Homoeopathy (MONARCH) score of +8 in five cases suggests a high likelihood of a causal relationship between the homeopathic treatment and the patient's improvement. This case series highlights potential of individualized homoeopathic medicine in treating warts successfully without any invasive procedure, quickly and without any adverse effects.

Keywords: Case series, Individualized homoeopathic medicine, MONARCH, Wart

Introduction

Warts [ICD-11:1E80] are benign lesions of skin and mucosa caused by a localized infection of the keratinocytes by the human papillomavirus (HPV), a small deoxyribonucleic acid virus of the papovavirus family. With polymerase chain reaction techniques, more than 100 types of HPVs are being identified. Association exists between distinct HPV type and different clinical variants of warts like verruca vulgaris (types-2,4,27), superficial and deep palmoplantar wart (types-1,2,4,57), verruca plana (types-3,10), filiform wart, epidermodysplasia verruciformis, anogenital wart.^[1] Some high-risk HPV subtypes like 6, 11, 16, 18, 31, and 35 are associated with malignancies and the malignant transformation is usually prevalent in genital wart and in immunocompromised individual.^[2] Typical viral warts are diagnosed by clinical visual

examination.^[3] Warts are transmitted by direct or indirect contact, and predisposing factors include disruption to the normal epithelial barrier.^[1]

About 60% of common warts resolve spontaneously^[1] and natural resolution is found to be successful in only 40% of patients within 2 years.^[4] However, the remaining wart cases necessitate effective treatment. Conventional treatments include cryotherapy, electric cautery, radiofrequency ablation, topical agents such as salicylic acid, wart paint, retinoic acid, formalin soaks, and mechanical removal. Nevertheless, these methods have inherent drawbacks, including pain, post-treatment depigmentation, allergic contact dermatitis, bleeding associated with mechanical

removal, moderate to severe scarring, and significant cosmetic defects.^[2]

The resolution of warts in different locations by different Homoeopathic medicines has been reported in multiple case series^[5,6,7,8] and case reports.^[9,10,11,12] Furthermore, a double-blind, randomized, placebo-controlled clinical trial has provided evidence demonstrating that homoeopathic remedies exhibit therapeutic effects beyond that of a mere placebo.^[13] In light of this context, we report treatment of five cases of verruca successfully managed using individualized homoeopathic medicines, thus highlighting the beneficial role of homoeopathy in the treatment of warts.

Patient Information

Case no 1 – A case of verruca vulgaris

A 7-year-old male student presented with a 1.5-year history of a wart on the thumb of his right hand, having received no prior treatment for this complaint. His medical history included measles in early childhood. Notably, his mother had a history of warts in various parts of body specially on the back. Thorough case taking revealed that he had a strong desire for cold food though he was a chilly patient. Profuse malodorous sweating was very marked and bowel habit was regular. The child's mental symptoms revealed an obstinate and headstrong disposition. He was very irritable in nature.

Evaluation Of Symptoms

1. Obstinate and headstrong
2. Very irritable
3. Desire cold food
4. Chilly patient
5. Sweat offensive
6. Wart on thumb

Remedy Selection

Repertorization [Fig 1] was carried out by Zomeo pro software using the Kent repertory^[14], giving importance to mental symptoms, physical symptoms, and then particular symptoms as per kent's evaluation of symptoms and *Thuja occidentalis* 200C was prescribed as it covered maximum number of symptoms though scored less than Silicea, on December 5, 2024 followed by Placebo for 28days [Fig. 2a].

Follow-Up And Outcome

The initial prescription resulted in a very slight change in size of wart and he was again given placebo for 28 days on January 2, 2025 [Fig. 2b]. On third visit Feb 6, 2025 the patient reported that the wart disappeared entirely [Fig. 2c].

Fig 1:Repertorisation sheet of Case 1

Repertorisation Sheet - Zomeo Pro															
Remedy	Sil	Thuj	Phos	Nuxv	Lyc	Hep	Nitac	Sulph	Ars	Kalic	Psor	Calc	Graph	Puls	Lach
Totality	13	12	12	12	11	11	11	10	9	9	9	9	9	9	8
Symptoms Covered	5	6	5	4	5	4	4	4	4	4	4	3	3	3	5
[Kent] [Mind] Obstinate:	2	1	1	3	1	2	2	2	2	2	2	3	0	0	1
[Kent] [Mind] Irritability (see Anger):	3	3	3	3	3	3	3	3	2	3	2	3	3	3	2
[Kent] [Stomach] Desires:Cold:Food:	2	2	3	0	2	0	0	0	0	0	0	0	0	3	0
[Kent] [Perspiration] Odour:Offensive:	3	3	2	3	3	3	3	3	2	1	2	0	3	3	2
[Kent] [Generalities] Heat:Vital,lack of:	3	2	3	3	2	3	3	2	3	3	3	3	3	0	2
[Kent] [Extremities] Warts:Thumb:	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1

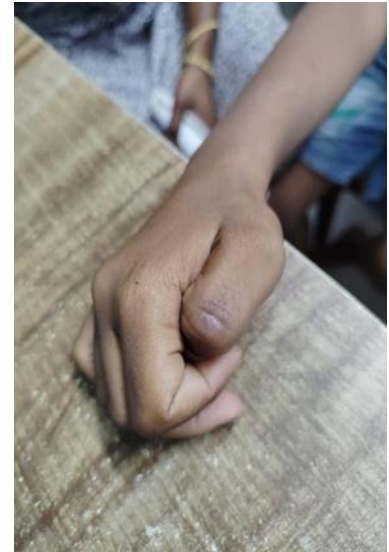
Fig 2a:1st visit Case 1



Fig 2b: Second visit Case 1



Fig 2c: Third visit Case 1



Case No 2 – A Case Of Filiform Wart

A 55-year-old male, carpenter by profession, reported to clinic having a horn-like warty growth over right side of face for 2 years which started growing rapidly for last 1 month. In past medical history, he suffered from *Tinea corporis* 10 years ago and was treated with allopathic ointment and medication. In his family both his parents had hypertension. After thorough case taking we found that his way of answering was very abrupt and short. He was dark-skinned, tall, hurried in nature and not so co-operative. He could not tolerate hunger and had strong desire for sweet and warm food. He had profuse offensive perspiration throughout his body. He had a regular bowel habit, morning immediately after waking from sleep.

Evaluation Of Symptoms

1. Hurried in nature
2. Answers abruptly, shortly
3. Can't tolerate hunger
4. Desire sweet and warm food
5. Perspiration offensive
6. Wart on face

Remedy Selection

Repertorization was carried out by Zomeo pro software using the Kent repertory, giving importance to mental symptoms, physical symptoms and then particular symptoms as per kent's evaluation of symptoms [Fig. 3]. After repertorial analysis, miasmatic analysis and finally consulting with materia medica, on Dec 19, 2024 Sulphur 30 C, 2 doses were prescribed and followed by placebo for 28 days [Fig. 4a].

Follow Up And Outcome

In the subsequent follow ups, placebo was prescribed for another 28 days on Jan 16, 2025 and after that the patient came on Feb13, 2025 just after the wart has completely fallen off as can be seen from the photographs [Fig. 4b].

Fig 3: Repertorisation sheet of Case 2

Repertorisation Sheet - Zomeo Pro																
Remedy	Sulph	Ars	Lyc	Phac	Sep	Thuj	Merc	Nuxv	Puls	Dule	Phos	Graph	Nitac	Kalic	Calc	
Totality	12	11	10	8	8	8	8	8	8	7	7	7	7	6	6	
Symptoms Covered	5	5	5	4	4	4	3	3	3	4	4	3	3	4	3	
[Kent] [Mind]Hurry:	3	2	1	2	1	2	3	2	2	1	1	1	0	2	1	
[Kent] [Mind] Answers: Abruptly, shortly, curtly:	2	1	0	2	0	0	0	0	0	0	1	0	0	0	0	
[Kent] [Stomach] Appetite: Increased (hunger in general):	3	3	3	2	2	1	2	3	3	1	3	3	2	1	3	
[Kent] [Stomach] Desires: Warm: Food:	0	3	2	2	0	0	0	0	0	0	0	0	0	0	0	
[Kent] [Perspiration] Odour: Offensive:	3	2	3	0	3	3	3	3	3	2	2	3	3	1	0	
[Kent] [Face] Warts:	1	0	1	0	2	2	0	0	0	3	0	0	2	2	2	

Fig 4a: First visit Case 2**Fig 4b: Final visit Case 2**

Case No 3 – A Case Of Periungual Wart

A 40-year-old female patient, housewife, complained of a wart on ring finger of left hand for last 1 year but did not take any treatment. After whole case taking, we came to know, one year ago, she had a wart on little finger of that hand and took allopathic treatment and the complaint resolved. She suffered from recurrent otitis media and recurrent cough and cold in childhood. In her family, her mother had bronchial asthma and her father had arthritis. Regarding her mental symptoms, she was forgetful and desired for being alone. In physical general symptoms, thermally she was chilly. She had strong aversion to meat. She had profuse offensive sweat over whole-body except head. She had regular bowel habit of loose stool in the morning after breakfast. Thirst profuse for large quantity of water (4-4.5L per day).

Evaluation Of Symptoms

1. Forgetful
2. Desire to be alone

3. Aversion to meat
4. Chilly patient
5. Loose stool after breakfast
6. Profuse offensive perspiration over whole body except head
7. Wart on finger

Remedy Selection

Repertorization was carried out by software Zomeo pro using Kent's Repertory, giving value to mental symptoms, physical general and then particular symptoms [Fig. 5]. Referring to materia medica, miasmatic analysis and utilizing repertorial totality, we prescribed Thuja occidentalis 200C, 2 doses followed by placebo for 28 days on March 6, 2025 [Fig. 6a].

Follow Up And Outcome

On second visit (April 3, 2025) size of wart reduced and she had only 2 days of diarrhea after breakfast, rest of the days she had normal stool after breakfast. So, Placebo was given for another 28 days [Fig. 6b]. On third visit (May 8, 2025) the wart totally disappeared and all other complaints also improved [Fig. 6c].

Fig 5: Repertorisation sheet of Case 3

Repertorisation Sheet - Zomeo Pro															
Remedy	Thu j	Rhus t	Nux v	Se p	Ly c	Carbn s	Pet r	Sulp h	Cal c	Fer r	Nat m	Pho s	Carba n	Grap h	Mer c
Totality	18	16	15	15	14	13	13	13	12	12	12	12	12	12	11
Symptoms Covered	8	7	7	7	7	6	6	6	6	6	6	6	5	5	5
[Kent] [Mind]Forgetful (see Memory):	2	2	1	1	3	3	3	2	2	1	2	3	2	2	3
[Kent] [Mind] Company:Aversion to:	2	2	3	2	2	1	1	2	1	2	3	1	3	1	0
[Kent] [Stomach] Aversion:Meat:	1	2	3	3	2	3	3	3	3	2	2	2	0	3	2
[Kent] [Generalities] Heat:Vital,lack of:	2	3	3	2	2	2	2	2	3	3	2	3	3	3	2
[Kent] [Rectum] Diarrhoea:Breakfast:After:	3	0	1	0	1	1	0	0	1	0	1	1	0	0	0
[Kent] [Perspiration] Head,general sweat except the:	3	3	1	2	0	0	0	0	0	0	0	0	0	0	1
[Kent] [Perspiration] Odour:Offensive:	3	2	3	3	3	3	3	3	0	2	0	2	3	3	3
[Kent] [Extremities] Warts:Fingers:	2	2	0	2	1	0	1	1	2	2	2	0	1	0	0

Fig 6a: 1st visit Case 3



Fig 6b: 2nd visit Case 3



Fig 6c: Final visit Case 3



Case No 4 – A Case Of Verruca Vulgaris

A 29-year-old male, student, consulted for treatment of a single wart on right forearm which was there for last 1 year but the size was gradually increasing. He also complained of excessive white dandruff in scalp for 2 months. He had not taken any treatment for wart but for dandruff he consulted dermatologist and took medicine for 1 month but no improvement seen. After whole case taking we came to know that he suffered from typhoid fever in childhood. In his family his mother had fibromyoma and father had been suffering from benign prostatic hyperplasia and renal stone. Regarding mental symptoms, he had intolerance of any contradiction and got easily angered. In physical general symptoms easy satiety and craving for salty food and cold food were prominent. His perspiration had an offensive odour. Bowel and urine both were malodourous. He could not tolerate any kind of cold air.

Evaluation Of Symptoms

1. Irritable
2. Can not tolerate contradiction
3. General aggravation from any kind of cold
4. Desire salty and cold food
5. Stool and urine offensive
6. Perspiration offensive
7. Wart on forearm

Remedy Selection

Repertorization was carried out by software Zomeo using Kent's Repertory, giving value to mental symptoms, physical general and then particular symptoms [Fig. 7]. Consulting with materia medica, miasmatic analysis and utilizing repertorial totality, we prescribed Silicea 200, 2 doses followed by placebo for 28 days on May 8, 2025 [Fig. 8a].

Follow-Up And Outcome

The patient responded quickly and on the next visit on June 19, 2025 the wart totally disappeared [Fig. 8b].

Fig 7: Repertorial sheet of Case 4

Repertorisation Sheet - Zomeo Pro																
Remedy	Lyc	Phos	Sil	Thuj	Sep	Nitac	Sulph	Nuxv	Ferr	Natm	Carbv	Merc	Petr	Puls	Dulc	
Totality	19	18	17	16	16	15	13	13	12	12	12	11	11	11	10	
Symptoms Covered	7	7	7	8	6	6	6	5	6	6	5	6	5	4	5	
[Kent] [Mind] Irritability (see Anger):	3	3	3	3	3	3	3	3	2	3	3	2	3	3	2	
[Kent] [Mind] Contradiction, is intolerant of:	3	0	2	1	3	0	0	2	2	0	0	1	1	0	0	
[Kent] [Stomach] Desires:Salt things:	0	3	0	1	0	2	1	0	0	3	3	0	0	0	0	
[Kent] [Stomach] Desires:Cold:Food:	2	3	2	2	0	0	0	0	0	1	0	0	0	3	0	
[Kent] [Stomach] Appetite:Easy satiety:	3	2	2	2	2	1	2	2	2	2	0	1	0	0	1	
[Kent] [Urine] Odour:Strong:	2	2	0	2	2	3	2	0	2	1	2	2	2	0	2	
[Kent] [Generalities] Cold:In general agg:	3	3	3	2	3	3	2	3	2	2	2	2	2	2	3	
[Kent] [Perspiration] Odour:Offensive:	3	2	3	3	3	3	3	3	2	0	2	3	3	3	2	
[Kent] [Extremities] Warts:Forearm:	0	0	2	0	0	0	0	0	0	0	0	0	0	0	0	

Fig 8a: 1st visit Case 4



Fig 8b: Final visit Case 4



Case No 5 – A Case Of Verruca Vulgaris

A 55-year-old female, housewife by occupation, visited with a wart on ring finger of left hand for 3 months which was gradually increasing in size. No prior treatment was taken. She suffered from jaundice in early childhood once. In family history her mother suffered from hypertension and rheumatism. No other complaint was there except wart. After case taking the mental symptoms which she repeatedly mentioned that she had become very irritable. In physical symptoms she preferred salty food and easy satiety. Thermally she was chilly. Her bowel habit was irregular 2-3 days alternating stool and very hard knotty in consistency.

Evaluation Of Symptoms

1. Irritable
2. Desire for salty food
3. Easy satiety

4. Chilly patient
5. Stool constipated, hard, knotty
6. Wart on finger

Remedy Selection

Repertorization was carried out by software Zomeo using Kent's Repertory, giving value to mental symptoms, physical general and then particular symptoms [Fig. 9]. Referring to materia medica, miasmatic analysis and utilizing repertorial totality, we prescribed Causticum 200C, 2 doses followed by placebo for 28 days on May 8, 2025 [Fig. 10a].

Follow-Up And Outcome

On second visit (June 5, 2025) wart was same but the bowel habit of the patient improved. So, placebo was given for another 28 days. On next visit (July 3, 2025) the wart totally disappeared and other complaints also recovered [Fig. 10b].

Fig 9: Repertorial sheet of Case 5

Repertorisation Sheet - Zomeo Pro																
Remedy	Caus t	Nat m	Sulp h	Thu j	Cal e	Ly e	Nita c	Pho s	Se p	Si l	Carbn s	Nux v	Bar e	Co n	Grap h	
Totality	17	16	15	15	14	14	14	14	14	14	13	13	12	12	12	
Symptoms Covered	7	7	7	7	6	6	6	6	6	5	5	5	6	6	4	
[Kent] [Mind] Irritability (see Anger):	3	3	3	3	3	3	3	3	3	3	3	3	2	2	3	
[Kent] [Stomach] Desires:Salt things:	2	3	1	1	2	0	2	3	0	0	0	0	0	2	0	
[Kent] [Stomach] Appetite:Easy satiety:	2	2	2	2	0	3	1	2	2	2	2	2	1	1	0	
[Kent] [Generalities] Heat:Vital,lack of:	3	2	2	2	3	2	3	3	2	3	2	3	3	2	3	
[Kent] [Rectum] Constipation (see inactivity):Difficult stool (see inactivity):	3	3	3	3	2	2	3	2	3	3	3	3	2	3	3	
[Kent] [Stool] Knotty,nodular,lumpy:	2	1	3	2	2	3	0	1	2	3	3	2	2	2	3	
[Kent] [Extremities] Warts:Fingers:	2	2	1	2	2	1	2	0	2	0	0	0	2	0	0	

Fig 10a: 1st visit Case 5



Fig 10b: Final visit Case 5



Discussion

Warts are benign lesions caused by human papilloma virus (HPV), visible as distinct hyperkeratotic protrusions and these can occur at any age but are unusual in early childhood and infancy. Warts are often diagnosed clinically on physical examination, but subclinical dysplastic protrusions may require a microscopic examination of HPV for confirmation, including histopathology and PCR. Here a study of 5 wart cases treated with individualized homeopathic medicine showed positive results without any adverse effects. No external applications were used. The findings highlight that individualized homeopathy can effectively treat warts, reducing the need for invasive procedures like cryosurgery.

Previously A double blind, placebo-controlled pilot study with individualised homeopathic medicines for cutaneous warts, could not find the efficacy of individualised homeopathic medicine in comparison to the placebo but stated *Thuja occidentalis*, *Natrum muriaticum*, *Sulphur*, *Dulcamara*, *Nitric acidum*, *Antimonium crudum*, *Causticum*, *Mercurius solubilis* and *Calcarea carbonica* as the most indicated drugs.^[15] Another pilot study on warts in 100 patients, found that *Dulcamara* was very effective in verruca vulgaris and plana, *Natrum muriaticum* in palmoplantar and *Thuja occidentalis* in the digitate variety.^[16] Shraddhamayananda reported a study of

200 cases of warts successfully treated with *Thuja occidentalis*, *Dulcamara* and *Natrum muriaticum*.^[17]

In these 5-case series, the indicated remedies were *Thuja occidentalis* (2 cases), *Silicea* (1 case), *Causticum* (1 case) and *Sulphur* (1 case), corroborating with the results obtained from previous studies regarding most indicated medicines for treating warts. The causal relationship between the intervention and outcome was assessed through MONARCH criteria^[18] [Table 2]. Of these 5 cases, the score was +8 in all cases, indicating the definite causal attribution of individualised homeopathy in removal of warts.

In homeopathy, warts are considered one-sided, external local disease with a paucity of symptoms. Dr. Hahnemann explained in § 185 about the treatment of local diseases that the administration of remedy must be homeopathic not only to the character of those local affections but also to the totality of the symptoms that the patient presents. He condemned the practice of removing or exterminating the warts by external application of medicine or excision.^[19] So, they must be seen as a local manifestation of generalised diseases.^[13,20] Hence, for treating these, internal medicine should be selected based on the totality of symptoms.

Conclusion

In this case series of five cases of warts on different body parts were treated with individualised homoeopathic medicine and complete disappearance of warts were obtained within a plausible time, without any adverse events or any external application. Further clinical trials are recommended to prove the effectiveness of homoeopathic remedies for treating warts.

Declaration Of Patient Consent

The authors certify that they have obtained all appropriate patient consent forms. In the form, the patients have given their consent for their clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity.

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Table 1: Case summary of five cases of wart based on HOM-CASE guidelines

Item	Case 1	Case 2	Case 3	Case 4	Case 5
Patient characteristic	7-year-old male, student	55-year-old male, carpenter	40-year-old female, housewife	29-year-old male, college-student	55-year-old female, housewife
Present complaint	Single wart on thumb of right hand	Single horn-like warty growth over right side of face	Single wart on ring finger of left hand	Single wart on right forearm	Single wart on ring finger of left hand
Past medical history	Measles	Tinea corporis	Recurrent otitis media and recurrent cough and cold	Typhoid fever	Jaundice
H/O other treatments	No such	No such	No such	No such	No such
Period of homoeopathic treatment(months)	2	2	2	1	2
Prescribed medicines (dose and potency)	Treated with single medicine Thuja occidentalis 200C,2 Doses on an empty stomach in	Treated with single medicine Sulphur 30C,2 Doses on an empty stomach in early morning for	Treated with single medicine Thuja occidentalis 200C,2 Doses on an empty stomach in	Treated with single medicine Silicea 200C,2 Doses on an empty stomach in early	Treated with single medicine Causticum 200C,2 Doses on an empty stomach in early

	early morning for 2 consecutive days	2 consecutive days	early morning for 2 consecutive days	morning for 2 consecutive days	morning for 2 consecutive days
Outcome assessed clinically and by photographic evidence. The individual curative response of a homoeopathic medicine was assessed by MONARCH criteria (Table-2)	Complete resolution of wart and MONARCH score +8 suggest strong association between medicine and outcome	Complete resolution of wart and MONARCH score +8 suggest strong association between medicine and outcome	Complete resolution of wart and MONARCH score +8 suggest strong association between medicine and outcome	Complete resolution of wart and MONARCH score +8 suggest strong association between medicine and outcome	Complete resolution of wart and MONARCH score +8 suggest strong association between medicine and outcome

Table 2: Modified Naranjo Criteria for Homoeopathy (MONARCH)

	Item	Yes	No	Not sure	Case 1	Case 2	Case 3	Case 4	Case 5
1	Was there an improvement in the main symptom or condition for which the Homoeopathic medicine was prescribed?	+2	-1	0	+2	+2	+2	+2	+2
2	Did the clinical improvement occur within a plausible time frame relative to the medicine intake?	+1	-2	0	+1	+1	+1	+1	+1
3	Was there an initial aggravation of symptoms?	+1	0	0	0	0	0	0	0
4	Did the effect encompass more than the main symptom or condition (i.e., were other symptoms ultimately improved or changed)?	+1	0	0	+1	+1	+1	+1	+1
5	Did overall well-being improve? (Suggest using a validated scale)	+1	0	0	+1	+1	+1	+1	+1
6	A. Direction of cure: Did some symptoms improve in the opposite order of the development of symptoms of the disease?	+1	0	0	0	0	0	0	0
	B. Direction of cure: Did at least two of the following aspects apply to the order of improvement of symptoms: from organs of more importance to those of less importance, from deeper to more	+1	0	0	0	0	0	0	0

	superficial aspects of the individual, from the top downwards								
7	Did 'old symptoms' (defined as non-seasonal and non-cyclical that were previously thought to have resolved) reappear temporarily during the course of improvement?	+1	0	0	0	0	0	0	0
8	Are there alternate causes (other than the medicine) that, with a high probability could have caused the improvement? (e.g., known course of disease, other forms of treatment and other clinically relevant intervention)	-3	+1	0	+1	+1	+1	+1	+1
9	Was the health improvement confirmed by any object evidence? (Lab test, clinical observation, etc)	+2	0	0	+2	+2	+2	+2	+2
10	Did repeat dosing, if conducted, create similar clinical improvement?	+1	0	0	0	0	0	0	0
	Total score=+8 (maximum score=+13, minimum score= -6)				+8	+8	+8	+8	+8