



Morphometric Study Of The Acromion Process Of Human Scapula In Nigerian Population

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Abstract

The Acromion is one of the processes of the scapula. Acromial morphology plays an important role in forensics and in orthopedics where it has a correlation with some shoulder pathology (shoulder impingement Syndrome). Scapular Acromion has been classified into 3 types 1, 11 and 111, with the type 1 more prone to shoulder impingement syndrome. Acromion morphology has also been shown to differ between races. The aim of this study was to analyze Morphometric values of the acromion in the right and left scapulae of Nigerians. The study involved a total of 215 dried scapula bones consisting of 105 right and 110 left obtained from Anatomy Departments of various Universities in Nigeria. Acromial measurements were taken directly using a vernier caliper. Data were expressed as Mean \pm Standard Deviation. t-test was used to compare mean values. Measurements were taken in millimeters. Parameters measured include: Acromial length, breadth, thickness, Coraco-acromial distance and glenoid acromial distance. The mean values obtained from this study for the right and left scapulae were: 44.32 \pm 5.27mm and 43.09 \pm 5.15mm, 24.25 \pm 2.25mm and 23.14 \pm 2.35mm, 7.60 \pm -1.05mm and 7.10 \pm 1.15mm, 40.05 \pm 6.01mm and 40.10 \pm 7.20mm, 30.05 \pm 3.98mm and 30.13 \pm 4.02mm, respectively. Bilateral differences and racial variation were recorded. The highest prevalence was recorded in Type II acromion followed by types III and type I. The study showed that morphometry of the acromion plays a key role in forensics giving proper biological profiling for Nigerians and in orthopedics (clinical practice) in making precise evaluation of shoulder pathology.

Keywords: Acromion, morphology, scapula, forensic, orthopedics, Nigerian population

Introduction

The human scapula is a flat triangular bone located on the posterolateral aspect of the trunk. It has three processes: the coracoid, the spinous and the acromial process [1]. The acromial process or acromion has an articulation with the clavicle at the lateral end forming the acromioclavicular joint. The supraspinatus tendon passes beneath the process and the subacromial bursa separates them [2]. The morphometry of the acromion has a significant role in orthopedics, by having a correlation with some shoulder pathology such as shoulder impingement syndrome (acromial) leading to shoulder pain while

abducting the glenohumeral joint [2, 3, 4]. Acromion has been classified into three types: type 1 (flat), type 11 (curved) and type 111 (hooked) [5]. Of these three classes of acromion type 111 (hooked) has been observed to be more prone to rotator cuff tears and shoulder impingement syndrome. This was attributed to the enthesophytes which are significantly more common in the type III acromial process. In type I and type IV acromial process the incidence of enthesophytes was very small and rotator cuff tears and shoulder impingement syndrome were uncommon [6, 7]. Type 111 (hooked) has also been

observed to be more prevalent in Males while type 11 (flat) more prevalent in females ^[4, 7]. Another classification- type 1V (concave) was proposed ^[8]. But this classification has been observed to be uncommon and has no known correlation with rotator cuff pathology hence its unacceptability ^[7]. Studies has also suggested that type 111 acromial process (hooked) could be a degenerative process as it showed a positive correlation with age ^[9]. Each individual presents with anatomical variations in shoulder anatomy and hence the need to study acromial morphology since it has a correlation with shoulder pathology. This will enable clinicians make precise evaluation of shoulder pathology ^[10]. Also, in forensics where racial variation has been established in bones as seen in this study with the acromion. Racial identification is still one of the most difficult areas of skeletal identification ^[11]. This has an implication in prosthetics and could lead to mismatched prosthesis if not taken into consideration and also in other anthropometric applications. It is well known that Asian sub population are smaller with shorter stature compared to their Caucasian counterparts ^[12, 13] it follows that these discrepancies may give rise to implant size mismatch with the resected bony surfaces of Nigerian patients since most of these prosthetic components are imported from the west based on their own morphometry ^[14, 15]. The aim of this study was to record and analyze morphometric values of the acromion in Nigerians

Materials And Methods

two hundred and fifteen (215) dried scapula bones consisting of 105 right and 110 left were used. The bones were obtained from museums in Anatomy

departments of selected Universities in Nigeria. Bones which have undergone degenerative changes were exempted from this study on gross inspection. All measurements were taken with a vernier caliper. A pair of dividers was also used to confirm the measurements at its point and measured with a calibrated ruler. Each measurement was repeated twice and the mean value was recorded. Measurements were taken in millimeters. The following five (5) morphometric parameters were measured (Figure i - v).

1. **Maximum Acromial Length (MAL)** ----- Measured from the tip of the acromion process up to the acromial angle (fig i)
2. **Maximum Acromial Breadth (MAB)**----- Measured across the middle of the acromion from the lateral aspect to the acromion to its medial side
3. **Acromial Thickness (AT)**----- Measured along the lateral edge at three different points- one at the anterior end of acromion, second at the middle of the acromion and third near the posterior end of the acromion process. The average of these three measurements was taken as thickness of the acromion process
4. **Coraco- Acromial Distance (CAD)**----- Measured as the distance between the tip of the acromion process and the tip of the coracoid process
5. **Supra glenoid tubercle to acromion process Distance (GAD)**..... Measured as the distance between the supra glenoid tubercle and the tip of the acromion process.

FIG i- Maximum Acromial Length (MAL)



FIG ii- Maximum Acromial Breadth (MAB)



FIG III—Acromial Thickness (AT)



FIG iv--- Coraco- Acromial Distance (CAD)



FIG v----Glenoid Acromial Distance



The three acromial types based on shape were classified by observation in to; type I (flat), type II (curved) and type III (hooked) (Figure vi). Data obtained were analyzed using SPSS version 20.0 and results were presented in tables and descriptive statistics like percentage mean and standard deviation and student t-test and z-test were used.

Figure vi Picture showing acromion types:

- A) Type I acromion- flat
- B) Type II acromion- curved

C) Type III acromion-hooked.



Results

The results are presented in tables 1, 2, 3 and 4.

Table 1: Mean Values and Standard Deviation of Right and Left Scapula Parameters

	RIGHT. N=105			LEFT. N=110		
PARAMETERS	MEAN± SD	MIN	MAX	MEAN± SD	MIN	MAX
Maximum Acromial Length (MAL) mm	44.32 ± 5.27	23.94	56.32	43.09 ± 5.15	28.46	53.20
Maximum Acromial Breadth (MAB) mm	24.25 ± 2.25	17.80	33.62	23.14 ± 2.35	17.62	30.84
Acromial Thickness (AT) mm	7.61 ± 1.05	5.01	9.94	7.10 ± 1.15	4.36	10.20
Coraco- Acromial Distance (CAD) mm	40.05 ± 6.01	25.4	57.69	40.10 ± 7.22	23.98	62.10
Supra glenoid tubercle to acromion process Distance (GAD) mm	30.05 ± 3.98	22.2	39.8	30.13 ± 4.01	19.32	41.85

Table 2: Test of Significance Between Mean Values of Right and Left Scapula Parameters

	RIGHT. N=105		LEFT. N=110	p-Value	Inference		
PARAMETERS	MEAN± SD		MEAN± SD				
Maximum Acromial Length (MAL) mm	44.32 ± 5.27		43.09 ± 5.15	0.042	Significant		
Maximum Acromial Breadth	24.25 ± 2.25		23.14 ± 2.35	0.045	Significant		

(MAB) mm						
Acromial Thickness (AT) mm	7.61 ± 1.05		7.10 ± 1.15	0.0003	Significant	
Coraco- Acromial Distance (CAD) mm	40.05 ± 6.01		40.10 ± 7.22	0.92	Insignificant	
Supra glenoid tubercle to acromion process Distance (GAD) mm	30.05 ± 3.98		30.13 ± 4.01	0.95	Insignificant	

Table 3: Frequency and Percentage Distribution of Acromial Types of Right and Left Scapula

	RIGHT. N=105			LEFT. N=110		
TYPES	TYPE OF ACROMION			TYPE OF ACROMION		
STRAIGHT OR FLAT	9			10		
PERCENTAGE%	8.5%			9.1%		
CURVED	79			90		
PERCERNTAGE%	75.2%			81.2%		
HOOKED	17			10		
PERCENTAGE%	16.2%			9.2%		

Table 4: Comparison of Parameters of the Acromion Process of Human Scapula in Nigerian Population with Data on previous studies

PARAMETERS	MEAN ± SD	POPULATION	AUTHORS
Maximum Acromial Length (MAL) mm	46.46 ± 0.47	Nepalese	Mansur et al. ¹⁶
	46.40 ± 0.52	Indians	Jaskaran et al. ¹⁷
	69.12 ± 3.69	Chileans	Collipal et al. ¹⁸
	43.80 ± 5.20		Present Study
Maximum Acromial Breadth (MAB) mm	26.63 ± 0.22	Nepalese	Mansur et al. ¹⁶
	23.40 ± 0.27	Indians	Jaskaran et al. ¹⁷
	25.17 ± 3.69	Chileans	Collipal et al. ¹⁸
	23.70 ± 2.20		Present Study
Acromial Thickness		Nepalese	Mansur et al. ¹⁶

(AT) mm	6.60 ± 0.11	Indians	Jaskaran et al. ¹⁷
	8.73 ± 1.87	Chileans	Collipal et al. ¹⁸
	7.35 ± 1.04		Present Study
Coraco- Acromial Distance (CAD) mm	26.63 ± 0.50	Nepalese	Mansur et al. ¹⁶
	37.10 ± 0.55	Indians	Jaskaran et al. ¹⁷
	39.76 ± 4.38	Chileans	Collipal et al. ¹⁸
	40.10 ± 6.02		Present Study
Supra glenoid tubercle to acromion process Distance (GAD) mm	31.00 ± 3.07	Nepalese	Mansur et al. ¹⁶
	26.60 ± 0.44	Indians	Jaskaran et al. ¹⁷
	28.24 ± 4.80	Chileans	Collipal et al. ¹⁸
	30.25 ± 4.05		Present Study

From table 1, the Maximum Acromial Length (MAL)mm, Maximum Acromial Breadth (MAB)mm and Acromial Thickness (AT)mm was 44.32±5.25mm, 24.25±2.25mm, and 7.61±1.06mm for the right and 43.09±5.15mm, 23.14±2.35mm, 7.10±1.15mm for the left side respectively (table1). There was a significant difference between sides (right and left) in these three parameters (p<0.05). Table2

The Mean measurements for the Coraco- Acromial Distance (CAD) mm and Supra glenoid tubercle to acromion process Distance (GAD) mm was 40.05 ± 6.01, 30.05 ± 3.98 for the right and 40.10 ± 7.22, 30.13 ± 4.01 for the left respectively. (Table 1) There was no significant difference between sides (right and left) in these two parameters (p>0.05) Table2. The curved (type2) acromion showed the highest prevalence (75.2% & 81.2%) for the right and left sides respectively followed by the hooked acromion (type3) (16.2% & 9.2%) respectively for the right and left. The flat (type1) acromion showed the least prevalence with 8.5% and 9.1% for the right and left sides respectively. (Table3)

The Maximum Acromial Length (MAL) also showed significant differences (p<0.05) when compared with those of Nepalese¹⁶, Indians¹⁷ and Chileans¹⁸.

The Maximum Acromial Breadth (MAB) showed significant difference when compared with Nepalese¹⁶ and Indians¹⁷ (p<0.05) but not with that of

Chileans¹⁸. Also, the Acromial Thickness (AT) showed significant difference when compared with those of Indians¹⁷ and Chileans¹⁸

The Coraco- Acromial Distance (CAD)mm showed significant difference with those of Indians¹⁷ and Nepalese¹⁶ so as the Supra glenoid tubercle to acromion process Distance (GAD) mm but further with the Chileans¹⁸.

Discussion

The Maximum Acromial Length (MAL)mm, Maximum Acromial Breadth (MAB)mm and Acromial Thickness (AT)mm showed significant side differences (p<0.05) in this study. Their values were 44.32±5.25mm, 24.25±2.25mm, and 7.61±1.06mm for the right and 43.09±5.15mm, 23.14±2.35mm. This may have implications in reconstructive surgery involving the shoulder joint where the contralateral healthy side cannot be used for pre operative templating^{19 20}

The Coraco- Acromial Distance (CAD) mm and Supra glenoid tubercle to acromion process Distance (GAD) mm however showed no side differences (p>0.05). their values were 40.05 ± 6.01, 30.05 ± 3.98 for the right and 40.10 ± 7.22, 30.13 ± 4.01 for the left respectively, implying that the contralateral healthy side can be used for pre operative templating^{19 20}.

Racial Variation is seen in the Maximum Acromial Length (MAL)mm between those of Nigerians and those of Nepalese¹⁶, Indians¹⁷ and Chileans¹⁸. The value for this study in general was 43.80 ± 5.20 as against 46.46 ± 0.47 , 46.40 ± 0.52 and 69.12 ± 3.69 for the Nepalese¹⁶, Indians¹⁷ and Chileans¹⁸. This has significant implications in forensics where proper identification is key in profiling¹⁵ as well as in prosthetics where accurate sizing of prosthetic components is vital to the success of any reconstructive procedure¹⁹. The Maximum Acromial Breadth (MAB)mm showed racial differences with those of Nepalese¹⁶ and Chileans¹⁸ but showed similarities with that of Indians¹⁷. The value for this study in general was 23.70 ± 2.20 as against 26.63 ± 0.22 , 25.17 ± 3.69 and 23.40 ± 0.27 for Nepalese¹⁶, Chileans¹⁸ and Indians¹⁷ respectively. The Acromial Thickness (AT)mm of this study disagrees with that of Indians¹⁷ and Chileans¹⁸ as it showed Variations. The value for this study in general was 7.35 ± 1.04 as against 6.60 ± 0.11 and 8.73 ± 1.87 for Indians¹⁷ and Chileans¹⁸ respectively.

The Coraco- Acromial Distance (CAD) mm in this study was 40.10 ± 6.02 in general this agrees with those of Chileans¹⁸ which recorded 39.76 ± 4.38 but showed variations with those of Indians¹⁷ and Nepalese¹⁶ recording 37.10 ± 0.55 and 26.63 ± 0.50 respectively.

The Supra glenoid tubercle to acromion process Distance (GAD) mm showed variations with those of Chileans¹⁸ and Indians¹⁷ but agrees with that of Nepalese¹⁶. The value recorded for this study in general was 30.25 ± 4.05 as against 28.24 ± 4.80 , 26.60 ± 0.44 and 31.00 ± 3.07 for the Chileans¹⁸, Indians¹⁷ and Chileans¹⁸. These racial variations may be due to genetics and environmental make up a fact to be considered in the design of shoulder prosthesis and in racial identification in forensics¹⁹.

The percentage prevalence of acromion types recorded in the study where type2 -curved acromion was most prevalent followed by type3-Hooked acromion and type1-Flat acromion being the least prevalent agrees with that of other studies Bigliani et al, Collipal et al, Coskum et al, Schetino et al., Acromion types have been associated with some clinical conditions such as subacromial impingement syndrome and it is suggested that a hooked form of

scapulae acromion is more prone to this condition Yukio et al.

Conclusion

The Morphometric Parameters of the acromion of Human scapulae has significant Clinical and Forensic implications. In Surgical intervention of the shoulder where accurate sizing of component is key to a successful procedure. Also, in Medico- legal cases where identification is key to solving most mystery deaths especially in Africa. The acromion Parameters from this study provides biological profiling for the Nigerian Population in order to solve the issue of identity.

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